

Week 1					Patient Menu: KDS					FALL 2025				
Monday		Tuesday		Wednesday		Thursday		Friday						
<b>BREAKFAST</b>														
Scrambled Eggs Hashbrown Turkey Sausage  Pancakes  Banana Danimals Yogurt Assorted Cereal		Scrambled Eggs Home Fries Turkey Sausage  French Toast  Diced Pears Danimals Yogurt Assorted Cereal		Scrambled Eggs Hashbrown Turkey Sausage  Pancakes  Banana Danimals Yogurt Assorted Cereal		Scrambled Eggs Home Fries Turkey Sausage  French Toast  Mandarin Oranges Danimals Yogurt Assorted Cereal		Scrambled Eggs Hashbrown Turkey Sausage Pancakes (regular or chocolate chip) Diced Peaches Danimals Yogurt Assorted Cereal						
<b>Texture Modified</b>														
Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit		Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit		Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit		Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit		Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit						
<b>LUNCH</b>														
Meat Lasagna Garlic Herb Breadstick Green Peas Applesauce		WG Fish Sticks w/ Tartar Sauce  Tater Tots Steamed Carrots Diced Peaches		Cheeseburger Slider Potato Emoji Roasted Cauliflower Mandarin Oranges		Roasted Turkey Breast Poultry Gravy Mashed Potatoes Green Beans Gremolata Wheat Roll Diced Pears		WG Mini Tuna Sub Baked French Fries Steamed Carrots Applesauce						
<b>Alternate Entrée</b>														
Macaroni & Cheese		Chicken Nuggets		Grilled Cheese		Chicken Patty Sandwich		Cheeseburger						
<b>Minced &amp; Moist</b>														
Minced & Moist Mac & Cheese  Puree Peas  Applesauce		Minced & Moist Cod w/ Lemon Sauce  Mashed Potatoes  Minced & Moist Carrots  Puree Mixed Berries		Minced & Moist Beef Patty w/ Gravy  Minced & Moist Potato Emojis  Minced & Moist Cauliflower  Puree Mixed Berries		Minced & Moist Turkey w/ Gravy  Mashed Potatoes Minced & Moist Green Beans Gremolata Minced Pears		Minced Dill Tuna Salad  Minced & Moist Carrots  Applesauce						
<b>Pureed</b>														
Puree Mac & Cheese  Puree Peas  Applesauce		Puree Fish w/ Lemon Sauce Pureed Thinned Mashed Potatoes  Puree Carrots Puree Mixed Berries		Puree Beef w/ Gravy Pureed Thinned Mashed Potatoes  Puree Corn Puree Mixed Berries		Puree Turkey w/ Gravy Pureed Thinned Mashed Potatoes Puree Green Beans Puree Pears		Puree Chicken w/ Gravy  Puree Rice  Puree Carrots Applesauce						

Week 2		Patient Menu: KDS			FALL 2025
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>BREAKFAST</b>					
Scrambled Eggs Home Fries Turkey Sausage  Pancakes  Applesauce Danimals Yogurt Assorted Cereal	Scrambled Eggs Hashbrown Turkey Sausage  French Toast  Diced Peaches Danimals Yogurt Assorted Cereal	Scrambled Eggs Home Fries Turkey Sausage  Pancakes  Banana Danimals Yogurt Assorted Cereal	Scrambled Eggs Hashbrown Turkey Sausage  French Toast  Diced Pears Danimals Yogurt Assorted Cereal	Scrambled Eggs Home Fries Turkey Sausage Pancakes (regular or chocolate chip) Banana Danimals Yogurt Assorted Cereal	
<b>Texture Modified</b>					
Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit	Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit	Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit	Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit	Minced & Moist Scrambled Eggs  Minced & Moist Turkey Sausage  Puree Rice Cereal Danimals Yogurt Puree Fruit	
<b>LUNCH</b>					
Cheeseburger Slider Baked Sweet Potato Fries Corn Diced Pears	Turkey Burger  Baked French Fries Steamed Carrots Mandarin Oranges	Pasta w/ Meatsauce Wheat Roll Fresh Green Beans Applesauce	WG Fish Sticks w/ Tartar Sauce Macaroni & Cheese Broccoli Diced Peaches	Cheese Tortellini with Marinara or Alfredo Sauce Breaded Zucchini Strained Spaghetti Sauce Garlic Herb Breadstick Applesauce	
<b>Alternate Entrée</b>					
Grilled Cheese	Macaroni & Cheese	Cheeseburger	Chicken Tenders	Cheeseburger	
<b>Minced &amp; Moist</b>					
Minced & Moist Beef Patty w/ Gravy  Minced & Moist Whipped Sweet Potatoes Puree Corn Puree Pears	Minced & Moist Turkey  Mashed Potatoes with Gravy  Minced & Moist Carrots Puree Mixed Berries	Minced & Moist Pasta w/ Meatsauce  Minced & Moist Green Beans  Applesauce	Minced & Moist Cod w/ Lemon Sauce  Minced & Moist Mac & Cheese  Minced & Moist Broccoli Puree Peaches	Minced & Moist Cheese Tortellini with Marinara or Alfredo Sauce  Minced Zucchini  Applesauce	
<b>Pureed</b>					
Puree Beef w/ Gravy  Puree Sweet Potato  Puree Corn Puree Pears	Puree Turkey  Puree + Thinned Mashed Potatoes with Gravy Puree Carrots Puree Mixed Berries	Puree Pasta w/ Tomato Sauce  Puree Chicken w/ Gravy  Puree Green Beans Applesauce	Puree Fish w/ Lemon Sauce  Puree Mac & Cheese  Puree Broccoli Puree Peaches	Puree Pasta w/ Marinara or Alfredo Sauce Puree Chicken w/ Marinara or Alfredo Sauce Puree Corn Applesauce	